



Chicago Fire Camps & Training
Tel: 1.800.680.6272
Chicago-Fire.com

camps - team

Chicago Fire Camps & Training Offers Unmatched Coach and Team Training Benefits



FEATURES - Curriculum: A.T.T.A.C.K.

► Age: U10, U12, U14, U16, U18

Player Learning Outcome:

1. Creating Space
2. Support Play
3. Scoring
4. Attacking Play
5. Defensive Play

Daily Activity Schedule:

- The Training Session (developing the attitude and training factor through soccer related exercises and games)
- The Coaching Session (developing daily technique factors from technical to tactical)
- Practice Like a Pro (developing functional roles and responsibilities)
- The Combine (a series of competitive small-sided games)
- MLS Tournament (applying daily key factors to game situations)
- All Out Attack (reinforcing the emphasis on attack with activities around a goal)
- Warm Down (reinforcing knowledge, cool down time)



FOR MORE INFORMATION

- Your local Chicago Fire Camps & Training representative
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- Chicago-Fire.com